

TITE



CLUB INFORMATION

Administrative Offices:

Mon: Open by Appointment Tue-Fri: 9am-5pm

Club Dining:

Mon: Closed Tue-Thur: 11am-8pm Fri: 11am-9pm Sat: 10am-9pm

Sat: 10am-9pm Sun: 10am-5pm

Fitness Center:

Mon-Sun: 5am-10pm

Tennis Courts:

Mon-Sun: 7am-10pm

Golf Course:

Mon: Closed Tue-Sun: First Tee Time 8am

Resort Pool:

Mon-Thur: 10am-8pm Fri & Sat: 10am - 9pm Sun: 10am - 6pm

Lap Pool & Jacuzzi:

Mon-Sun: 7am-Pool Close

Pool Kitchen & Bar:

Mon-Thur: 11am-7pm Fri & Sat: 11am - 8pm Sun: 11am - 5pm

Golf Pro-Shop:

Mon: Closed

Tue-Sun: 7:30am-6:00pm

Practice Range:

Mon: Closed Tue-Sun: 7:30am-Dusk

Beverage Cart:

Mon: Closed

Tue-Sun: Starts at 10am

Time may change due to weather

IMPORTANT NUMBERS

Accounting 912.450.2280 x226

Club Dining 912.450.2301

Clubhouse 912.450.2280

Fitness Center 912.450.1703

Golf Shop 912.450.2700

Lifestyle Office 912.450.2289

Member Private Events 912.450.2280 x225

Membership 912.450.2288

Pool 912.450.2397

Westbrook Gate 912.450.2298

HOA Management Team Contact Info:

SQCC is not affiliated with the HOA. Please direct questions to the team members listed below:

Angie Germonprez agermonprez@asihhi.com

Emily Sellers ehurndon@asihhi.com

Rachel Balsitis rbalsitis@asihhi.com

Cooper Suddath csuddath@asihhi.com

912.450.1174 (Local) 138 Canal St, Suite 104 Pooler, GA M-F 9am-5pm

843.785.7070 (Call Center & After Hours)

STAFF DIRECTORY

CHRIS BOWEN

General Manager 912.450.2280 x225 cbowen@heritagegolfgroup.com

DANA GAY

Club Accountant 912.450.2280 x242 dgay@heritagegolfgroup.com

VICTORIA AZMANOVA

Assistant Club Accountant 912.450.2280 x226 vazmanova@heritagegolfgroup.com

LEIGH ANN BRYAN

Lifestyle Director 912.450.2289 Ibryan@heritagegolfgroup.com

BRIAN TORRES

Director of Food & Beverage 912.450.2280 x252 btorres@heritagegolfgroup.com

STEPHEN MCLAIN

Executive Chef 912.450.2280 x231 smclain@heritagegolfgroup.com

FINA PRIMATIC

Head Tennis Professional 912.663.7071 mprimatic@heritagegolfgroup.com

LISA BANKS

Fitness & Aquatics Director, Head Trainer 912.450.1704 | Ibanks@heritagegolfgroup.com

GLEN HERRELL, PGA

Director of Golf 912.450.2280 x229 gherrell@heritagegolfgroup.com

JOE YASHUK, PGA

Head Golf Professional 912.450.2280 x233 jyashuk@heritaqeqolfgroup.com

JOHN SYVERSEN, PGA

Assistant Golf Professional 912.450.2280 x 224 jsyversen@heritagegolfgroup.com

PEYTON GRYMES III

Golf Lifestyle Director 912.450.2288 pgrymes@heritagegolfgroup.com

STEPHEN HENDRIX

Golf Course Superintendent 912.450.8800 shendrix@heritagegolfgroup.com

INFORMATION

Savannah Quarters Country Club Online

www.savannahquarterscc.com to log-in with your Member ID. Need help? 912.450.2289 or stop by the Lifestyle Office.

Emails about events and updates

If you're not receiving emails about important Club updates, please call the Lifestyle Office, 912.450.2289

Registration for Member Events

Check out the Club Calendar on the website or app for the current list of events and to RSVP to attend.

Westbrook Security Gate access

SQCC does not control the 3 security gates or access to Westbrook. Please call 912.450.1174 to speak to the HOA.

Upgrading your Membership

If you'd like to learn more about Membership options here at SQCC, call our Golf Lifestyle Director, 912.450.2288

SQCC App

All the functions of the Members First website with the ease and accessibility on your phone. Download the SQCC App today!

Web Login or App Login Issues

If you are unable to login to Members First or the SQCC app, please stop by the Lifestyle Office across from the Pro Shop!

Member accounts, statements, and payments

If you have questions about your statement or would like to set up auto-payments (ACH), call Victoria, 912.450.2280 x226



Message from the Clubhouse

Dear Members,

Summer is off to a great start, and we hope that everyone is enjoying the new amenities at the pool. We will be changing the pool menu and increasing options and making improvements along with adding a grill for some weekend fun. July 4th is around the corner, and we hope to see everyone there as we have some fun activities for the whole family.

We also want to remind everyone to please be cognizant of their language and behavior. We are a family club, and we want to instill an atmosphere that can be enjoyed by all of our members. As such, foul or abusive language and rowdy behavior is not permissible at the pool or anywhere on club property.

As a reminder, outside food and beverage is not allowed in the pool area or anywhere on club property. Bringing in outside alcohol is not only against club policy but is also against Georgia law. Please be aware that if you bring in food or beverages, you will be politely asked to dispose of it immediately or you will be asked to leave the property.

Thank you for your continued support in helping to provide the best experience possible by following the Club Rules and Regulations. We want everyone to enjoy the Club Pool and having to ask a member or guest to leave would not be enjoyable for anyone.

Respectfully, Savannah Quarters Country Club

4th of July Celebrations at SQCC



Wednesday July, 3rd

- · Club Grille Closes at 3pm to setup
- Members may begin setting up chairs on the back lawn & 18th fairway at 6pm
- BBQ & Patio Party 6:30-8:30pm
- Fireworks 9:00pm

Thursday, July 4th

- Pool Party & BBQ Buffet 11am-2pm
- · Cardboard Boat Races 12:30pm
- · Clubhouse BBQ Buffet 11am-2pm



Mark Your Calendar! July:

- 2 Sailfish Home Swim Meet
- 3 Fireworks!
- 4 Pool Party & BBQ
- 9 Live Music Night
- 12 Dive-In Movie at the Pool
- 12-19 School Supply Drive
 - 14 Wimbledon Watch Party
- 15-19 Tennis Camp III
- 16-19 Jr. Golf Camp
 - 18 Mixology Rum Cocktails
 - 20 Live Music Saturday Night
 - 21 Jr. Club Championship
 - 23 Meet a Mermaid!
- 24 & 25 Wine Dinner
 - 26 Adult Swim Sharknado
 - 30 Live Music Night













View our Menus

You can view all of the Club menus on the Member website and the app!

Club Grille To-Go

For To-Go orders: 912.450.2301

Food & Beverage Minimums Schedule

Last Name A-H lan-Mar Apr-Jun Jul-Sep Oct-Dec

Last Name I-P Feb-Apr May-Jul Aug-Oct Nov-lan

Last Name O-Z Mar-May Jun-Aug Sep-Nov Dec-Feb

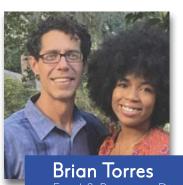
Club Grille Summer Hours Tuesday-Thursday 11am-8pm Friday 11am-9pm Saturday 10am-9pm Sunday 10am-5pm The Club Grille is now open until 5pm on Sundays!



July - Quarterly Wine Dinner

Join Brian and Chef for our quarterly wine dinner Wednesday, July 25th and Thursday, July 26th 5-8pm. Both nights will have the same menu and wine pairings, \$100++ per person.

July's wine dinner will feature an Italian 4-course meal with 5 courses of wine. Each night is capped at 32 participants, you can register via the Club Calendar on the Member website/app or you can call Leigh Ann, 912.450.2289 to reserve your spot.





Fitness Center Hours

Mon-Sun 5am-10pm

Group Fitness Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cardio Tennis	Cycle 45	Cardio Tennis	Hydro Hustle	Cycle 45	Yoga
8-9am	7am	8-9am	10am	7:30-8:15am	9-10am
Kids Agility (4-7)	Build & Burn	AquaFit	Build & Burn	AquaFit	Hydro Hustle
9-9:30am	9:30-10:15am	9:30-10:15am	9:30-10:15am	9:30-10:15am	10am
AquaFit	Hyrdo Hustle	Chair Yoga		Yin Yoga	Orange Twist
9:30-10:15am	10am	10:45am		1:30pm	11:15am-12pm
		Abs & Assets 5-5:45pm			

Complimentary Classes in July

Orange Twist - Saturdays 11:15am

Kids Agility (4-7yrs old) - Mondays 9am

Fitness Center Access

Each Member using the Fitness Center must sign-in upon entry using their keyfob. This ensures optimal security for patrons while providing needed information for safety. Stop by the front desk to get your fob! If you lose yours, replacement fobs are only \$5.00

Group Fitness Pricing

\$12 - one class drop-in \$100 - 10-pack*

Personal Training Pricing

\$50-60 - 60 min session \$90-100 - 60 min couples session \$450-540 - 10-pack* 60 min sessions \$315-360 - 10-pack* 30 min sessions \$810-900 -10-pack* 60 min couples session *10-Packs are valid for 3 months

Upcoming Fitness Events!

Pilates with Meghan Teed - Saturday, July 20th 10am Join Meghan, a Scolio-Physical Therapist from Bluffton for this special class in the Fitness Studio

Please reserve your spot online or in the app via Club Calendar

Christmas in July Hydro Hustle with Bella & Lisa Thursday, July 25th 10am Join Bella & Lisa in the Lap Pool for a holiday themed Hydro Hustle Class!

Ballroom Fit - Sunday, Aug. 18th (\$20 per person)

Gentle Yoga & Sound Bath - Wednesday, Sept. 18th





Pool Hours

Resort Pool:M-R 10a-8p, F&Sa 10a-9p, Su 10a-6p Slide: Open with Resort Pool until 15 min before closing Lap Swim & Jacuzzi: Opens 7am daily, enter via Fitness Center prior to Pool opening.

Pool Operations Team

Lisa Banks, Director of Aquatics Hannah Moore, Aquatics Manager Connor Yarbrough, Asst. Aquatics Manager Pool Office Phone: 912.450.2397

Member Access to the Pool

The Pool entrance requires a Member fob at all times. SQCC staff will not open the gate for Members who do not have their fob. Fobs are available in Fitness Center All Members are required to check-in guests with staff prior to entering the Pool deck.

The Club will provide an optional towel service, one towel per person. Because the Pool is now open every day, we will close at 6pm on Sunday for cleaning and maintenance.

No children under the age of 12 are permitted in the pool area without being accompanied and supervised by an adult.

Guests at the Pool

Each Membership is permitted a maximum of four (4) guests per day without prior, written notice. Guest fee is \$10 per guest, per day. Children 12 and under have no guest fee. Members and authorized users must register themselves and all guests upon entering the pool area, the Member must be present, no unaccompanied guests are permitted.

Pool/Jacuzzi Dress Code

No risqué swim attire. Please remember we are a family club. Swim diapers must be worn if a child normally wears diapers. No cut-offs or cotton material. Inappropriate swim attire will result in being asked to change or leave the pool area. Members are expected to communicate dress code to guests.

Jacuzzi

Young children need to be with an adult at the jacuzzi. Adults have priority in the jacuzzi. 7am-Pool closure

July Fun at the Pool!

Thursday, July 4th - Annual Pool Party & BBQ

- Pool Party & BBQ 11am-2pm
- · Cardboard Boat Races 12:30pm

Friday, July 12th - Dive-In Movie "Christmas in July!"

- Movie starts at 8:20pm, we're watching Elf!
- Bring school supply donations to kick-off our Club school supply drive

Thursday, July 25th - Christmas in July Water Aerobics

- · Class starts at 10am, wear your red or green!
- · Bring your favorite Christmas treat

Friday, July 26th - Adult Swim "Shark Week!"

- Movie starts at 8:30m in the Lap Pool
- · Non-kid friendly film: Sharknado

Water Volleyball

Every Friday night in the Lap Pool 6-8pm

Cabanas - NEW This Summer!

We now have 4 new private cabanas available by reservation via the Member website/app! You may reserve a cabana for 3 hours for a service charge of \$25/hr and a maximum of 6 people per cabana.

Food & Drinks

No outside food, beverage, or personal coolers are permitted on Club property. No glass at the pool. No Food or Drinks may be consumed in the pool. Please enjoy them on the deck.

Closure for Swim Team & Meets

The Lap Pool will be closed for all Sailfish team practices and training. The entire Pool & Deck will close at 4:30pm for Swim Meets that SQCC hosts.

Sailfish Swim Practice (Lap Lanes Closed)
AM Practice Mon/Thur/Fri 7-9am
PM Practice Mon/Wed/Thur 5-7pm

Swim Meets SQCC Is Hosting (Pool & Deck Closed) Tuesday, July 2nd (vs. Mayfair)

Suimming LESSONS

Sessions are 30 minutes

Basic Water Safety

Single Session Ten-Pack Sessions
Private \$35
Private \$350

Sibling \$55 Sibling \$550

Stroke Technique & Form

Single Session Ten-Pack Sessions

Private \$45 Private \$450

Sibling \$65 Sibling \$650

Adult Swim Lessons (18+)

Single Session Ten-Pack Sessions
Private \$45
Private \$450

Infant & Toddler Swim Lessons

Single Session Ten-Pack Sessions
Private \$45
Private \$450

Baby & Me - 6mos. to 3yrs.

8 total Classes - \$160 Wed. 5:30pm or Sat 9:30am Wed Dates: 6/5; 6/12; 7/3; 7/10; 7/17; 7/24; 7/31; 8/7

Sat Dates: 6/8; 6/15; 6/29; 7/6; 7/13; 7/20; 8/10; 8/17





Court Hours

Mon-Sun 7am-10pm

Reservations

Please utilize our online court reservation system and reserve a tennis court prior to coming out to play. When you make your court reservation, you are required to list all players in your party, including any guests you may have invited out to play (Click Add Guest button).

Please cancel your court reservation as soon as you determine you will not use it. Reservations are a maximum of 2 consecutive hours.

USTA & STL Play

Call Fina if you would like to be evaluated for any levels to join USTA or STL (Savannah Tennis League) teams.

STL Levels:	USTA Levels:
C2	3.0 and 3.5 18+ Ladies
B2, B1	3.5 and 4.0 Men's 40+
A1	Mix, and More!

Guests

Guest fee is \$10/player and will be billed to the Member's account who made the court reservation.

Tennis Lesson Pricing

30 minutes - \$35 private 45 minutes - \$55 private 60 minutes - \$70 private

60 minutes - 3 players - \$25/person

Clinics (90 minutes) - \$120 divided evenly among all present participants.

For more information, call Fina Primatic, 912.663.7071

Video Stroke Assessment

Fina now offers Video Assessment of your stroke. She records, evaluates, and then you'll meet to discuss mechanics & how to improve. Each assessment is \$50

Racket Stringing Service

Contact Fina to arrange for stringing, 912.663.7071 \$20 labor fee, \$15 string fee.

Cardio Tennis - All Levels Welcome

All Levels Welcome! \$15/per player Mon & Wed 8-9am

Reminders from our Pros

Please use only soft-soled tennis shoes, not running shoes on the tennis courts. Also, please ensure you and your guests are following the Club's dress code. No bare feet and no Pickleball on tennis courts.

All programs are subject to changes with notice.

Junior Tennis Clinics

With Fina & Kelli
Ages 6-9, \$22/player
2 kids, \$18/player
Tues & Thu 4-5pm

Ages 10-17, \$25/player
2 kids, \$20/player
Tue & Thu 5-6pm

Mini Juniors For 5 years old, \$15/player 2 kids, \$12/player Mondays 4:15-5pm

Juniors For 6-10 years old, \$22/player 2 kids, \$18/player Mondays 5-6pm

Beginners Tennis

Coach Fina will teach the basics of Tennis, \$20/player Wednesdays 6-7pm

Ball Machine Rental

To work on your game, take advantage of our ball machine rental program. It can be reserved via the court reservation module on the Member website and the SOCC App.

Single use or monthly unlimited rental options are available. \$7/single session OR \$20/month unlimited.





Golf Course Hours

Mon Closed Tue-Sun First Tee Time 8am Please utilize the Bag Drop upon arrival at the Club

Pro Shop Hours

Mon Closed Tue-Sun 7:30am-6:00pm

Tip from the Professional Staff

When putting and chipping, favor your weight on the foot closest to the target during the entire swing. Doing so will help keep your lower body still and will provide a solid, predictable contact for precision shots.

Summer Clearance in the Golf Shop!

30% off Member price - ALL Men's Wear 25% off Member price - ALL in-stock Golf Bags 35% off Member price - Select Golf Shoes Ladies' Sale Rack - any one item, \$29.99

Junior Golf Camp - Registration Open!

The final session of Junior Golf Camp is July 16-19th and registration is still open for Members and Guests! Register via Golf Genius, stop by the Golf Shop, or call John, 912.450.2280 x224.

Junior Club Championship - New Date!

The Jr. Club Championship was scheduled for July 28th is now set for July 21st. Register via Golf Genius.



Practice Area Hours

Mon Closed Tue-Sun 7:30am-Dusk

Beverage Cart Hours

Saturday & Sundays beginning at 10am Service may change due to weather, tournaments or Club events.

Club Fittings with our Professional Staff

Call the Golf Shop to schedule a custom club fitting, try the latest equipment from Callaway, TaylorMade, Ping, and Mizuno and let our staff help you get the best fit. 912.450.2700 - open to ALL Members!

What Tee Should I Play From?

We get asked which tees a Member should play from, or at what age should they move forward. The determination of which set of tees one should play is easily determined by how far one hits their 7 iron on average, not by age. The recommendation comes from USGA and PGA.

7 Iron Distance	Optimal Course Length
80 yards or fewer	3500-3700 yards
95 yards	4100-4300 yards
110 yards	4800-5000 yards
125 yards	5400-5600 yards
140 yards	5900-6100 yards
155 yards	6400-6600 [°] yards
170+ yards	6700-6900 yards





Friendly Competition

Every Tuesday and Thursday

Special Monthly Events

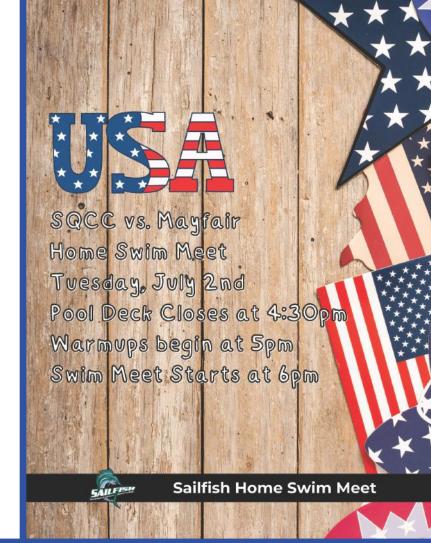
ALL LEVELS WELCOME!

For more information, please reach out

to one of our officers:

Angela Margolit, 973-296-8011, amargolit@hotmail.com
Laurie Anderson, 203-667-3661, mfcppreschool@aol.com
Patti Brasfield, 203-858-0365, pbrasfield55@gmail.com
Nancy Yost, 707-492-6086, njylpyrathbone@aol.com

For Ladies who like to play...GOLF!



Wimbledon Watch Party

Sunday, July 14th 10am-1pm



Join us in the Club Lounge to watch the Finals and you can order the classic Wimbledon

treat: Berries & Cream!

Register via the Club Calendar on the Member website or app or you can contact Fina to register.





Special event: Pilates with Meghan Teed.

Meghan is a Scolio-Physical Therapist offering this specialty class for one day only! Register via the Club Calendar on the Member website/app.





CLUB LIFE EVENTS

June Member Events

Club BBQ

Wednesday, July 3rd 6:30-8:30pm

Clubhouse

Registration: via Club Calendar online/app

Cost: \$24++ Adults | \$12++ Kids 6-12 | 5& Under Free!

Fireworks!

Wednesday, July 3rd 9pm

Members may begin setting up chairs at 6pm

Registration: none!

Cost: Free!

4th of July Pool Party & BBQ

Thursday, July 4th, 11am-2pm

SQCC Pool

Registration: For the BBQ - Via Club Calendar

Cost: \$24++ Adults | \$12++ Kids 6-12 | 5& Under Free!

Dive-In Movie at the Pool - Elf

Friday, July 12th 8:20pm

SQCC Pool

Registration: None!

Cost: Free!

Wimbledon Watch Party

Sunday, July 14th 10am-1pm

Club Lounge

Registration: via Club Calendar online/app,

Cost: Free! Special menu items available to order.

Mixology - Rum Cocktails

Thursday, July 18th 6-8pm

Norman Grille

Registration: via Club Calendar online/app

Cost: \$40++ per person

Meet a Mermaid!

Tuesday, July 23rd 6-7:30pm

SQCC Pool

Registration: none

Cost:Free!

Adult Swim - Sharknado (non-kid friendly movie)

Friday, July 26th 8:30pm

SQCC Pool

Registration: none

Cost: Free!

Regular Events at the Club

Cigars on the Patio

Thursdays 4:30-7pm(ish)

Clubhouse Patio

Casual atmosphere & great conversation.

All are welcome! Join us for dinner afterward.

Specialty cigars are available upon request.

Women Of Westbrook (WOW) Luncheon

Thursday, July 11th 11am-1pm - Norman Grille

Kessinger Esthetic Dermatology with guest speaker

Whiteny Roberts, NP.

Buffet Lunch, pre-registration required, \$20++

Ladies Golf Association (LGA) Every Tuesday & Thursday

Book Club

Thursday, July 25th 7pm in the Wine Room *Killers of the Flower Moon*, by David Grann

Lending Library

In the hallway across from Norman Grille Take a book, Leave a book, Give a book!

Live Music Nights in the Lounge

Tuesday, July 9th, 6-8pm - Cyril Durant

Saturday, July 20th, 6-9pm - Chuck Courtenay

Tuesday, July 30th, 6-8pm - Mily Kinner

Reservations required for Clubhouse live music, we're indoors till it cools off!

******** 3RD OF JULY CELEBRATION **=******

BBQ 6:30-8:30PM | FIREWORKS AT 9PM

Join us for a BBQ and Patio Party before the Club's annual firework display! Seating will be available in the Lounge & Main Dining room plus additional tables on the Patio and Back Lawn, first come first served.

Members may begin setting up chairs on the 18th fairway and back lawn at 6:00pm

3rd of July BBQ Buffet

Adults \$24++ | Children 6-12 \$12++ | 5&Under Free

- Hamburgers
- Brats
- · Pulled Pork BBQ
- · Potato Salad
- · Coleslaw
- · Club Chips
- · Fresh Fruit
- · Red, White & Blue Shortcake



FOURTH OF JUI

Pool Party, Cardboard Boat Races, & BBQ 11am-2pm

Join us at the SQCC Pool for our annual Pool Party & BBQ and the Cardboard Boat Races at 12:30! Register for the BBO and the Boat Races via the Club Calendar on the Member website/app.

4th of July BBQ Buffet at the Pool

Adults \$24++ | Children 6-12 \$12++ | 5&Under Free

- Hamburger Sliders
- · Hot Dogs
- BBQ Chicken
- · Mac & Cheese
- · Corn on the Cob
- · Club Chips
- · Fresh Fruit
- Cookies & Brownies

The Club Grille will have the same BBQ Buffet in the Main Dining Room with yard games & cornhole on the back patio for Members not attending the pool party!



Dive-In Movie Christmas in July!





placed into emergency foster care.







July Mixology Night Rum Cocktails!

Thursday, July 18th 6–8pm in the Norman Grille

Join us and shake the night away with Rum cocktails! Event is capped at 20 people and is \$40++ per person with dinner included! Register via the Club Calendar.



Wednesday, July 24th Thursday, July 25th 5:00-8:00pm | \$100++ per person Each night will have the same menu and paired wines with an Italian theme! Four courses paired with five wines and the each night is capped at 32 people. Register via the Club Calendar or call Leigh Ann 912.450.2289

Meet a Mermaid!

Join our Mermaid friend at the SQCC Pool Tuesday, July 23rd from 6-7:30pm for a photo and some fun! Bring your own fins for the photo if you would like!!

The Mermaid will be sitting at the entrance of the Resort Pool so children do not have to get wet for a photo! No registration required.



ADULT SWIM + SHARK WEEK = SHARKNADO

Join us in the Lap Lanes for an Adult Swim movie to watch Sharknado!

Friday, July 26th at 8:30pm Don't forget to try our special cocktail: The Shark Bite!

This film is unrated but might not be suitable for our younger Members.



Tennis Video Analysis

Are you looking to improve your backswing? Perhaps your forehand could use a little tweaking. Fina is now offering a Video Analysis of your choice of stroke! She will record you, assess your stroke, and then in a 30 min appointment discuss the mechanics of your swing and how to improve.

> Each stroke assessment is only \$50 Call Fina to schedule! 912.663.7071





Five-day concentrated program of On & Off-Court Instruction, Fitness Conditioning, Fun Drill Games, and Snacks are included! Sign-up on the Club Calendar via the Member Website/App

Junior Camp I May 27th - 31st

\$260 for Members

Junior Camp II June 3rd - 7th 8:30 - 11:30am

Junior Camp III July 15th - 19th

8:30 - 11:30am

Junior Camp IV July 22nd - 26th 8:30-11:00am

\$260 for Members

SAVANNAH QUARTERS COUNTRY CLUB l Camps JUNIOR Gol

For players 8-15yrs old!

\$350 Sacc

9am-Noon June 25th - 28th July 16th - 19th

\$400_{Non-Members}

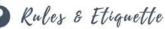
Includes:

- · SQCC Hat/Polo
- · Snacks & Drinks
- · 3-hours of Fun!



Fundamentals

During this 4-day experience, participants will learn the fundamentals of Putting, Chipping, Pitching, and Full Swing.



From the basics to the more nuanced situations, we'll introduce and reinforce the rules and etiquette of the course, putting, short game, and practice range.

games & Prills

Fundamentals and Rules are important, but let's PLAY! Participants will develop their motor skills through a variety of drills and games and could even win a prize or two!



July 2024

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Jonady	1 Cardio Tennis Kids' Agility (4-7yrs) Aqua Fit	Cycle 45 Build & Burn Hydro Hustle Sailfish - HOME Pool Closes 4:30pm	Club Fireworks & BBQ 3 Cardio Tennis Aqua Fit Chair Yoga Abs & Assets Club Grille closes at 3pm to prep for BBQ	Pool Party & BBQ 4 Holiday Golf Scramble Club Grille Limited Menu 11am-5pm Club & all Amenities close at 6pm	5 Cycle 45 Aqua Fit Yin Yoga	Yoga Hydro Hustle Orange Twist
	7	Cardio Tennis Kids' Agility (4-7yrs) Aqua Fit	Live Music Night 9 Cycle 45 Build & Burn Hydro Hustle MGTG	Cardio Tennis Aqua Fit Chair Yoga Abs & Assets Summer League	Build & Burn Hydro Hustle	Dive-In Movie Cycle 45 Aqua Fit Yin Yoga School Supply Drive	Yoga Hydro Hustle Orange Twist School Supply Drive
Party	oledon Watch 14 DI Supply Drive	Cardio Tennis Kids' Agility (4-7yrs) Aqua Fit Junior Tennis Camp III School Supply Drive	Cycle 45 Build & Burn Hydro Hustle Junior Tennis Camp II School Supply Drive	Cardio Tennis Aqua Fit Chair Yoga Abs & Assets Summer League Junior Tennis Camp III School Supply Drive	Mixology – Rum Build & Burn Hydro Hustle Junior Tennis Camp III School Supply Drive	Cycle 45 Aqua Fit Yin Yoga Junior Tennis Camp III School Supply Drive	Live Music Night Yoga Hydro Hustle Orange Twist MGA Pilates at 10am
Jr. Clu	21 ub Championship	Cardio Tennis Kids' Agility (4-7yrs) Aqua Fit Junior Tennis Camp IV	Meet a Mermaid 23 & School Supply Drive Cycle 45 Build & Burn Hydro Hustle Junior Tennis Camp IV	Wine Dinner Night 1 Cardio Tennis Aqua Fit Chair Yoga Abs & Assets Summer League Junior Tennis Camp IV	Wine Dinner Night 2 Build & Burn Hydro Hustle Junior Tennis Camp IV Book Club	Adult Swim Movie Cycle 45 Aqua Fit Yin Yoga Junior Tennis Camp IV	Yoga Hydro Hustle Orange Twist
	28	Cardio Tennis Kids' Agility (4-7yrs) Aqua Fit	Live Music Night 30 Cycle 45 Build & Burn Hydro Hustle	Cardio Tennis Aqua Fit Chair Yoga Abs & Assets Summer League			

August 2024

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A					Live Music Night WOW Luncheon Hydro Hustle Build & Burn Cigars on the Patio	Dive-In Movie 2 Cycle 45 AquaFit Yin Yoga	Westbrook Cup 3 Yoga Hydro Hustle Orange Twist
	Westbrook Cup 4	Greens Aerification Cardio Tennis AquaFit	Greens Aerification Hydro Hustle Build & Burn	Yappy Hour 7 Greens Aerification Cardio Tennis AquaFit Chair Yoga Abs & Assets	Greens Aerification Hydro Hustle Build & Burn Cigars on the Patio	Adult Swim Movie 9 Greens Aerification Cycle 45 AquaFit Yin Yoga	Yoga Hydro Hustle Orange Twist
	11	Cardio Tennis AquaFit	Live Music Night 13 Hydro Hustle Build & Burn MGTG	Trivia Night 14 Cardio Tennis AquaFit Chair Yoga Abs & Assets	Hydro Hustle Build & Burn Cigars on the Patio	Cycle 45 AquaFit Yin Yoga	Live Music Night 17 Yoga Hydro Hustle Orange Twist
1	18	19 Cardio Tennis AquaFit	Hydro Hustle Build & Burn	Mixology Night 21 Cardio Tennis AquaFit Chair Yoga Abs & Assets	Hydro Hustle Build & Burn Cigars on the Patio	Cycle 45 AquaFit Yin Yoga	Couples' Championship Yoga Hydro Hustle Orange Twist
THE WILLIAM	25	26 Cardio Tennis AquaFit	Live Music Night 27 Hydro Hustle Build & Burn	Wine Tasting Night 1 28 Cardio Tennis AquaFit Chair Yoga Abs & Assets LGA & CLASP Event	Wine Tasting Night 2 29 Hydro Hustle Build & Burn Cigars on the Patio Book Club	30 Cycle 45 AquaFit Yin Yoga	MGA 31 Yoga Hydro Hustle Orange Twist

September 2024

						CONTRACTOR OF THE
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Labor Day Pool Party 2 Cardio Tennis Aqua Fit	Cycle 45 Build & Burn Hydro Hustle	Live Music Night Cardio Tennis Aqua Fit Chair Yoga Abs & Assets	5 WOW Luncheon Build & Burn Hydro Hustle	Cycle 45 Aqua Fit Yin Yoga	7 Shark Cup Begins Yoga Hydro Hustle Orange Twist
8	Cardio Tennis Aqua Fit	Cycle 45 Build & Burn Hydro Hustle	Bingo 11 Cardio Tennis Aqua Fit Chair Yoga Abs & Assets	Build & Burn Hydro Hustle	Cycle 45 Aqua Fit Yin Yoga	Yoga Hydro Hustle Orange Twist
15	Cardio Tennis Aqua Fit	Live Music Night Cycle 45 Build & Burn Hydro Hustle	Cardio Tennis Aqua Fit Chair Yoga Abs & Assets	SQ+ Happy Hour Build & Burn Hydro Hustle	Cycle 45 Aqua Fit Yin Yoga	Fall Festival Yoga Hydro Hustle Orange Twist
22	Cardio Tennis Aqua Fit	Cycle 45 Build & Burn Hydro Hustle	Wine Tasting Night 1 25 Cardio Tennis Aqua Fit Chair Yoga Abs & Assets	Wine Tasting Night 2 26 Build & Burn Hydro Hustle Book Club	Cycle 45 Aqua Fit Yin Yoga	Club Championship Yoga Hydro Hustle Orange Twist
Club Championship	Cardio Tennis Aqua Fit					